

***ATHLETIC DIRECTOR'S GREETING***  
***&***  
***STATEMENT OF PURPOSE***

Dear Jesuit Student Athlete and Parents,

Welcome to the start of the 2008-2009 season of Jesuit Marauder Athletics. This year we will continue to compete in the Delta River League where we will face teams from Florin, Folsom, Sheldon, Monterey Trail and Pleasant Grove. Each school is recognized for its high level of competitiveness, sportsmanship, and success in the Sac-Joaquin Section, and Jesuit High School is proud of our part in adding to the traditions of this league.

Last year was another successful one for Jesuit Athletics. Our varsity teams captured eight league titles, and six teams (water polo, baseball, track/field, golf, swimming/diving, and tennis) each won Sac-Joaquin Section Championships. Additionally, the rugby team won the fourth High School Rugby National Championship in our school's history. Three members of our coaching staff were honored with prestigious awards last season. Soccer coach Paul Rose was named a finalist for the NHSACA National Coach of the Year; cross country coach Walt Lange was honored as both the Sac-Joaquin Section Model Coach of the Year, and the California State Model Coach of the Year; and Tom McGuire was named Sacramento Bee's Metro Track of the Year. Jesuit student-athletes were also recognized for their academic and co-curricular achievements as our senior athletes were the recipients of several graduation awards.

The *Jesuit Student-Athlete and Parent Handbook* is intended for the use of the entire Jesuit High community and will hopefully be able to answer basic questions about our inter-scholastic athletic programs and direct you to the proper coaches who can best facilitate your experience with Jesuit Athletics. Please pay particular attention to updates in the section on "Eligibility Requirements and General Information." Also, please consult the school's website at [www.jhsac.org](http://www.jhsac.org) for the latest information regarding Jesuit Athletics.

On behalf of all the coaches and Assistant Director of Athletics, Dan Carmazzi, I thank you for your support of Jesuit High School. We look forward to seeing you this year and sharing in the fun, excitement, sportsmanship, and learning that is Jesuit Athletics.

Sincerely,  
Philip Nuxoll  
Director of Athletics

## **ATHLETICS MISSION STATEMENT FOR A JESUIT HIGH SCHOOL**

An interscholastic athletic program as a co-curricular activity is an integral part of the total education and growth experience at a Jesuit high school. Athletics is designed to affirm and promote the Ignatian values as stated in the *Profile of the Graduate at Graduation* and engage student-athletes fully in mind, body and spirit. Student-athletes, coaches and parents are called upon to work together in a true spirit of sportsmanship to assist in creating an environment in which those Ignatian values can be revealed, tested, and proven relevant both to participants and the entire school community.

Through participation in athletics at a Jesuit high school, students will mature physically, emotionally, socially and spiritually. They will learn to take responsibility for personal growth by developing loyalty, pride, integrity and commitment. Athletics provides the opportunity for the student-athlete to exhibit a progression of physical skills and knowledge of a particular sport, enabling him/her to apply these skills and knowledge to new situations in a variety of learning formats. Through participation in athletics, the student-athlete learns that God is active in all things and that individual and liturgical prayer will bring him/her closer to God. The student-athlete comes to trust that he/she is known and loved by God: that love invites a personal response, which is an expression of movement within the human heart beyond self-interest or self-centeredness. The student-athlete is called to be conscious of the call to be a leader in service and to acknowledge his/her active commitment toward fostering a just society. Every member of a Jesuit high school community must seek to encourage, instill and foster such growth and development in all student-athletes.

99/CA-70 exit to Yuba City/Marysville. Merge onto SR-99 North to Yuba City. Go right on Bridge St. to Cooper St. Right on Cooper to B St. Left on B.

**COLLEGIATE VENUES AND OTHER SITES**

**AMERICAN RIVER COLLEGE:** 4700 College Oak Dr., Sacramento. (916) 484-8011. Fair Oaks east to Walnut. Left on Walnut. Continue on Walnut until it dead-ends into Winding Way. Left on Winding Way. Right on College Oak. Stadium is on the right.

**ANGEL'S CAMP -FROGTOWN, CALAVERAS COUNTRY FAIRGROUNDS:** Fair Oaks west to Watt Ave. Left on Watt and continue South to Jackson Rd. Left on Jackson to Hwy. 49. Right on Hwy 49. Stay on Hwy 49 south approximately 45 miles to Angel's Camp. Follow signs to Calaveras Country Fairgrounds.

**C.S.U. SACRAMENTO:** 6000 J St., Sacramento. (916) 278-6896. Fair Oaks West to Watt Ave. Left on Watt to Hwy 50 east. Hwy 50 to Howe Ave. At the stop light proceed straight onto College Town Blvd. Proceed on College Town and stadium will be on your right.

**COSUMNES RIVER COLLEGE:** 8401 Center Pkwy, Sacramento. (916) 691-7451. Fair Oaks Blvd west to Watt Ave. Left on Watt to Hwy 50 west. Hwy 50 to Hwy 99 south. Take the Cosumnes River Blvd exit. Turn right on Cosumnes River Blvd. Turn left on Bruceville Rd, then right on Center Pkwy.

**MODESTO JC:** 435 College Ave., Modesto. (209) 575-6498. Fair Oaks west to Watt Ave. Left on Watt to Hwy 50 west. Hwy 50 to Hwy 99 south. Hwy 99 to Modesto. Exit at Briggsmore and go left over the freeway. Continue on Briggsmore to Tully Ave. Turn right on Tully and continue to stadium which is on the left.

**SACRAMENTO CITY COLLEGE (Hughes Stadium):** 3835 Freeport Blvd., Sacramento. (916) 558-2425. Fair Oaks west to Watt Ave. Left on Watt to Hwy 50 west. Hwy 50 to Hwy 99 south. Hwy 99 to 12 th Ave. Right at the light which is Sutterville. Go west on Sutterville and go right at the 24th St. loop which fronts the stadium.

**SIERRA COLLEGE:** 500 Rocklin Rd., Rocklin. (916) 624-3333. Fair Oaks west to Watt Ave. Right on Watt to I-80 east. I-80 to Rocklin Rd. Go right at the light and continue to school and stadium which are on the left side of the street.

**U.C. DAVIS:** Toomey Field, Davis. (916) 752-1011. Fair Oaks west to Watt Ave. Left on Watt to Hwy 50 west. Hwy 50 to I-80 west. I-80 to Davis. Exit at Richards Blvd. and turn right. Proceed to First St. and turn left. Proceed to A St. and turn right. Toomey Field is on the left side of the street.

**UOP:** 3601 Pacific Ave., Stockton, 95211. (209) 946-2285. Fair Oaks Blvd west to Watt Ave. Turn left on Watt to Hwy 50 west. Hwy 50 to I-5 south. I-5 to March Lane exit. Turn left at March Lane. Turn right at Pacific Avenue. The school is on the right.

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## EXPECTED SCHOOL-WIDE LEARNING RESULTS (ESLR'S)

### I. OPEN TO GROWTH

By graduation, the Jesuit High School student:

1. strives for integrity, commitment and excellence in all areas of life.
2. is beginning to challenge stereotypes involving gender roles, sexual orientation, race, origin, religious beliefs, intellectual or physical ability, and socio-economic status.
3. is learning to accept the talents and limitations of self and others.
4. is open to and seeks participation in a variety of new aesthetic and creative experiences.
5. is becoming open and responsive to others' points of view, recognizing the value of listening.
6. is beginning to seek new experiences, even those which might involve some risk or the possibility of failure.

### II. INTELLECTUALLY COMPETENT

By graduation, the Jesuit High School student:

1. has mastered the fundamental skills of language, mathematics, writing, reading and use of technology as required for college entrance.
2. is developing the skills of logical and critical thought.
3. is developing written and oral skills to enable him to present his ideas in an organized, logical manner.
4. has gained an understanding and appreciation for:
  - a. a variety of intellectual disciplines.
  - b. his own and others' cultural heritage.
  - c. current issues and their relationship to historical perspectives.
  - d. the rights and responsibilities of U.S. citizens.
  - e. is developing a critical consciousness which enables him to analyze contemporary issues.

### III. RELIGIOUS

By graduation, the Jesuit High School student:

1. will have a basic knowledge of Christianity and the major doctrines and practices of the Catholic Church.
2. is continuing to form a Christian conscience, to evaluate his own moral choices and other moral issues in light of the model of Jesus and the Church's teaching on current social justice issues.

**ST. MARY'S-STOCKTON:** 5648 N. El Dorado St., Stockton, 95207. (209) 957-3340. Fair Oaks west to Watt Ave. Left on Watt to Hwy 50 west. Hwy 50 to Hwy 99 south. Hwy 99 to Hammer Lane. Left on Hammer Lane to El Dorado St. Left on El Dorado.

**SAN JUAN:** 7551 Greenback Lane, Citrus Heights, 95610. (916) 971-5113. Fair Oaks east to San Juan Ave. Left on San Juan to Greenback. Right on Greenback.

**TOKAY:** 1111 W. Century Blvd., Lodi, 95240. (209) 331-7850. Fair Oaks west to Watt Ave. Left on Watt to Hwy 50 west. Hwy 50 to Hwy 99 south. Hwy 99 to Kettleman Lane. Right on Kettleman to Ham Lane. Left on Ham to Century Blvd. Left on Century.

**VACAVILLE HIGH SCHOOL:** 100 Monte Vista Ave., Vacaville, 95688. (707) 453-6065. Fair Oaks west to Watt Avenue. Left on Watt to Hwy 50. 50 west to I-80 west. Exit I-80 in Vacaville at Mason St. Go to 2<sup>nd</sup> stop light which is Monte Vista. Left on Monte Vista.

**VALLEY:** 6300 Ehrhardt Ave., Sacramento, 95823. (916) 689-6500. Fair Oaks west to Watt Ave. Left on Watt to Hwy 50. Hwy 50 to Hwy 99 south. Hwy 99 to Calvine/Cosumnes River College Blvd. Stay to the right off of 99. Turn left from Cosumnes R.C. Blvd. onto Center Pkwy. Proceed to Ehrhardt. Right on Ehrhardt.

**VINTAGE:** 1375 Trower Ave., Napa, 94558. (707) 253-3601. Fair Oaks west to Watt Ave. Left on Watt to Hwy 50 west. Hwy 50 to I-80 west. I-80 to Hwy 12. Hwy 12 west to Hwy 29. North on Hwy 29 to Trower Ave. Right on Trower.

**VISTA DEL LAGO:** 1970 Broadstone Parkway, Folsom, 95630. (916) 294-2410. Fair Oaks west to Watt Ave. Left on Watt to Hwy 50 east. Take Hwy 50 to E. Bidwell Street/Scott Road exit and go north on E. Bidwell. North of the highway, is Bidwell Street. Proceed north and three fourths of a mile to Broadstone Parkway. Turn right onto Broadstone Pkwy.

**WOODCREEK:** 2551 Woodcreek Oaks Dr., Roseville, 95747. (916) 771-6565. Fair Oaks west to Watt Ave. Right on Watt to I-80 east. I-80 to Riverside and go left over the freeway. Left on Cirby and follow it until it dead ends. Right on Foothills Blvd. Go to Junction and turn left. Go to Woodcreek Oaks. Right on Woodcreek Oaks.

**WOODLAND:** 21 N. West St., Woodland, 95695. (530) 662-4678. Fair Oaks west to Watt Ave. Left on Watt to Hwy 50 west. Hwy. 50 to I-80 west to I-5 north. I-5 to Main St. Left turn on E. Main St. Proceed to west St. Right on West.

**WOODLAND CHRISTIAN HIGH SCHOOL:** 1616 West Street, Woodland, 95695. (916) 666-6615. Fair Oaks west to Watt Ave. Left on Watt to Hwy. 50 to I-80 west to I-5 North. I-5 to Main St. Left turn on E. Main St. Proceed to West St.

**YUBA CITY HIGH:** 850 B St., Yuba City, 95991. (916) 822-5290. Fair Oaks west to Watt Ave. Left on Watt to Hwy 50 west. 50 West to I-5 north. I-5 north to CA-

**OAKMONT:** 1710 Cirby Way, Roseville, 95661. (916) 782-3781. Fair Oaks west to Watt Ave. Right on Watt to I-80 east. I-80 to Roseville/Riverside exit. Bear to the right and go straight through the light. This is now Orlando. Proceed on Orlando to Cirby Way. Turn right on Cirby.

**PLACER:** 275 Orange St., Auburn, 95603. (530) 885-4581. Fair Oaks west to Watt Ave. Right on Watt to I-80 east. I-80 to Auburn. Exit at Maple and stay to your right. Go to High St. and turn left. Go to Agard St. and turn right. The school is on the right.

**PONDEROSA:** 3661 Ponderosa Rd., Shingle Springs, 95682. (530) 677-2281. Fair Oaks west to Watt Ave. Left on Watt to Hwy 50 east. Hwy 50 to Shingle Springs. Exit at Shingle Springs/Ponderosa Rd. and go left over the freeway. Proceed three miles on Ponderosa Rd.

**RIO AMERICANO:** 4540 American River Dr., Sacramento, 95825. (916) 971-7494. Exit gym parking lot by Callanan Way to American River Dr. Right on American River. 1/4 mile to the school.

**ROCKLIN:** 5301 Victory Lane, Rocklin, 95765. (916) 632-1600. Fair Oaks west to Watt Ave. Right on Watt to I-80 east. I-80 to Hwy 65. Hwy 65 north to Stanford Ranch Rd. Right on Stanford Ranch and continue for 5 miles. Turn right on Victory Ln.

**ROSEMONT HIGH:** 9594 Kiefer Blvd., Sacramento, 95827. (916) 228-5844. Fair Oaks West to Watt Ave. Left on Watt. Watt Ave. to Kiefer Blvd. Left on Kiefer Blvd.

**ROSEVILLE:** 601 Tahoe Ave., Roseville, 95678. (916) 782-3753. Fair Oaks west to Watt Ave. Right on Watt to I-80 east. I-80 to Eureka Rd. Left under the freeway onto Atlantic. Take Atlantic to Berry St. Right on Berry to Tahoe Ave. Left on Tahoe.

**SACRAMENTO:** 2315 34<sup>th</sup> St., Sacramento, 95817. (916) 277-6250. Fair Oaks west to Watt Ave. Left on Watt to Hwy 50 west. Hwy 50 to Stockton St. Turn right at the light and then left at the next light (34<sup>th</sup> St).

**ST. FRANCIS:** 6051 M St., Sacramento, 95819. (916) 452-3461. Fair Oaks west to Watt Ave. Left on Watt to Hwy 50 west. Hwy 50 to 65<sup>th</sup> St. Right at the light to Folsom Blvd. Left on Folsom to 62<sup>nd</sup> St. Right on 62<sup>nd</sup> to M St. Left on M St.

**ST. IGNATIUS HIGH SCHOOL:** 2001 37th Ave., San Francisco, 94116. (415) 731-7500. Fair Oaks Blvd. west to Watt Ave. Left on Watt to Hwy 50 West. to I-80 west to San Francisco. Cross the Bay Bridge and take the exit toward Mission St.-Fell St./Laguna St. exit. Merge onto Fell St. and then turn slight left onto Kezar Dr. Take Kezar Dr. to Lincoln Way. From Lincoln Way, turn left onto 7th Ave. Turn right onto Lawton St. Lawton St. becomes 16th Ave. Turn right on Lawton St. Turn left onto 19th Ave. Turn right on Noriega St. Turn left onto Sunset Blvd. Turn right on Pacheco St. Turn left on 37th Ave.

3. will have examined his religious beliefs and his personal relationship with God in developing a commitment to a religious tradition and community.
4. has had some personal experience of God in private and communal prayer, especially through the sacraments of Eucharist and Reconciliation, while in class, on retreat or while serving others.

#### IV. **LOVING**

By graduation, the Jesuit High School student:

1. has experienced the support of various types of “community” in the school and has made positive contributions to the development of the school community.
2. has begun to overcome personal prejudices and to develop more respect for, and an ability to relate more easily to, persons of the opposite sex.
3. is beginning to develop his love for people through serving others, and is becoming more caring about life and the natural environment.
4. is coming to recognize and accept himself as loved by God and others.

#### V. **COMMITTED TO DOING JUSTICE**

By graduation, the Jesuit High School student:

1. is beginning to see that God and Christian faith demand an active commitment to fostering a just society.
2. recognizes and has an empathy for the disadvantaged segments of the community through working with them in service.
3. is beginning to identify and respond to the sources of injustice in business practices, social institutions, attitudes and customs.
4. recognizes the need for a compassionate response to the victims of injustice despite the complexities and moral ambiguities inherent in social problems.

## ***ELIGIBILITY REQUIREMENTS AND GENERAL INFORMATION***

1. **General Requirements** - Athletes must meet all Delta River League and C.I.F. requirements before they participate in the given sport (see the respective coach or Director of Athletics for more details). Students must also meet specific academic and conduct requirements of Jesuit High School to be eligible to participate in its athletic program.

2. **Academic Eligibility** - All students must have passing grades in all of their subjects. Passing means achieving a grade of “D” or better. Any athlete who falls below a 2.0 grade point average in any quarter or semester (college preparatory courses only) or who receives two “D’s” or one “F” becomes ineligible to participate in any athletic practices or contests and is placed on Academic Probation.

Students on Academic or Disciplinary Probation who wish to participate on an athletic team must petition the Principal for an eligibility extension, not to exceed one quarter, before beginning or continuing (if already in progress) the activity or sport. An eligibility extension will normally be granted only once during a student’s high school career.

3. **Behavior** - Athletes are to conform to the codes and regulations of Jesuit High School as stated in the “Directives from the Dean of Students,” as found in the *Student-Parent Handbook*. A student may be suspended from participation by a coach for violation of a training rule or by the Dean when he violates a student code that ordinarily calls for suspension.

4. **Drug and Alcohol Policy** - Unfortunately, the use and abuse of drugs and alcohol is widespread and persistent and it often is highlighted in the athletic community because of the visibility and public nature of the athletic programs. The policy of the Athletic Department regarding drug and alcohol use is consistent with the school policy as it is found in the *Student-Parent Handbook*.

If a coach becomes aware of any situation (both on-campus and off-campus use) involving drug and/or alcohol use by one or more of his/her student-athletes, he/she will immediately bring such information to the Dean of Students. Since the Drug and Alcohol Policy is applicable to all students and its enforcement falls under the responsibility of the Dean, a coach shall not take disciplinary action above and beyond that taken by the school prior to dialogue with the Principal, the Dean, the Director of Athletics, and the student’s counselor. Any student-athlete specific or team specific discipline shall be appropriate to the nature of the offense (time,

**LEE JR. HIGH:** 520 West St., Woodland, 95695. (530) 662-0251. Fair Oaks west to Watt Ave. Left on Watt to Hwy 50 west. Hwy 50 to I-80 west. I-80 to I-5 north. I-5 to main St. exit. Left on E. Main St. to West St. Left on West.

**LODI:** 3 S. Pacific Ave., Lodi, 95242. (209) 331-7815. Fair Oaks west to Watt Ave. Left on Watt to Hwy 50 west. Hwy 50 to Hwy 99 south. Hwy 99 to Lodi. Exit Hwy 99 at Turner Rd. Right on Turner to Ham Lane. Left on Ham to W. Elm. Right on W. Elm to S. Pacific. Left on S. Pacific.

**LORETTO:** 2360 El Camino Ave., Sacramento, 95821. (916) 482-7793. Fair Oaks west to Eastern Ave. Right on Eastern to El Camino. Left on El Camino (school is between Fulton and Howe).

**C.K. McCLATCHY:** 3066 Freeport Blvd., Sacramento, 95818. (916)264-4450. Fair Oaks west to Watt Ave. Left on Watt to Hwy 50 west. Hwy 50 to 80 west to 16<sup>th</sup> St. Exit. 16<sup>th</sup> St. exit to 15<sup>th</sup> St. Left on 15<sup>th</sup> St. under the freeway to Broadway. Left on Broadway to Freeport. Right on Freeport.

**MENLO ATHERTON:** 555 Middlefield Rd., Atherton, 94027-3484. Hwy 50 West to I-80 West. I-80 west to Hwy. 580 east (Downtown Oakland/Hayward/Stockton). Hwy 580 east to I-880 South. I-880 South to CA-84 West (Decoto Rd. towards the Dumbarton Bridge). Keep right at the fork in the ramp. Merge onto SR-84 W. Turn left on Willow Rd. Turn right onto Middlefield Rd.

**MIRA LOMA:** 400 Edison Ave., Sacramento, 95821. (916)971-7465. Fair Oaks west to Eastern Ave. Right on Eastern. Eastern dead-ends into Edison. Left on Edison.

**MIRAMONTE:** 750 Moraga Way, Orinda, 94563. (510) 376-4423. Fair Oaks west to Watt Ave. Left on Watt Ave. To Hwy 50 west. Hwy 50 west to 80 west to Hwy 680 South to Hwy 24 Oakland/Lafayette exit at Acalanes Rd. towards upper Happy Valley Rd. Stay to the right merge onto Acalanes Rd. Stay on Acalanes Rd. to Glorietta Blvd. Right on Glorietta and then left on Moraga Way.

**MONTE VISTA:** 3131 Stone Valley Rd., Danville, 94506. (510) 820-2900. Fair Oaks west to Watt Ave. Left on Watt to Hwy 50 west. Hwy 50 to I-80 west. I-80 to Hwy 680 Benecia/San Jose. South on 680 to Stone Valley Rd. exit at Stone Valley and head east.

**NEVADA UNION:** 11761 Ridge Rd., Grass Valley, 95945. (530) 273-4431. Fair Oaks west to Watt Avenue. Right on Watt to I-80 east. I-80 to Hwy 49. North on Hwy 49 to Idaho-Maryland turnoff and go left. Go to East Main St. and turn right. Go to stop sign and turn left on Hughes which branches on the right to Ridge Rd.

**OAK RIDGE:** 1120 Harvard Way, El Dorado Hills, 95762. (916) 933-6980. Fair Oaks west to Watt Ave. Left on Watt to Hwy 50 east. Hwy 50 to El Dorado Hills exit. Go under the freeway and stay on El Dorado Hills Blvd. to Harvard Way. Right on Harvard Way.

**FOOTHILL:** 5000 McCloud Drive, Sacramento, 95842. (916) 263-6424. Fair Oaks west to Watt Ave. Right on Watt to I-80 east. I-80 to Elkhorn-Greenback. Left onto Elkhorn Blvd. Elkhorn to Hillsdale Blvd. Left on Hillsdale to McCloud. Left on McCloud.

**FRANKLIN:** 6400 Poppy Ridge Road, Elk Grove, 95758. (916)714-8150. Fair Oaks west to Watt Ave. Left on Watt to Hwy 50 west. Hwy 50 west to Hwy 99 south. Hwy 99 to the Elk Grove Blvd. exit and turn right (west) on Elk Grove Blvd., turn left (south) on Bruceville Rd., then turn right (west) on Quail Run Rd and drive until the road runs into Poppy Ridge Rd.

**GRANITE BAY:** One Grizzly Way, Granite Bay, 95647. (916) 786-8676. Fair Oaks west to Watt Ave. Right on Watt to I-80 east. I-80 to Eureka Rd. Turn right on Eureka Rd. Continue to Douglas Blvd. Left on Douglas to East Roseville Parkway. Rt. on East Roseville Parkway and continue to Wellington. Left on Wellington and continue to Grizzly Way.

**GRANT HIGH:** 1400 Grand Ave., Sacramento, 95838. (916) 286-1000. Fair Oaks west to Watt Ave. Right on Watt to Marconi Ave. Left on Marconi, which becomes Arcade Blvd. Turn right onto Marysville Blvd. Turn left onto Grand Ave.

**HIRAM JOHNSON MAIN CAMPUS:** 6879 14<sup>th</sup> Ave., Sacramento, 95820. (916) 277-6350. Fair Oaks west to Watt Ave. Left on Watt to Hwy 50 west. Hwy 50 to 65<sup>th</sup> St. Left on 65<sup>th</sup> St. to 14<sup>th</sup> Ave. Left on 14<sup>th</sup> Ave.

**HIRAM JOHNSON WEST CAMPUS:** 5022 58<sup>th</sup> St., Sacramento, 95820. (916) 277-6400. Fair Oaks west to Watt Ave. Left on Watt to Hwy 50 west. Hwy. 50 to 65<sup>th</sup> St. Left on 65<sup>th</sup> St. to Fruitridge. Right on Fruitridge to 58<sup>th</sup> St. Right on 58<sup>th</sup> St.

**HOLMES JR. HIGH:** 1200 Drexel Dr., Davis, 95616. (530) 757-5445. Fair Oaks west to Watt Ave. Left on Watt to Hwy 50 west. Hwy 50 to I-80 west. I-80 to Mace Blvd. Right on Mace to L St. Left on L St. to Drexel. Right on Drexel.

**JOHANSEN:** 641 Norseman Dr., Modesto, 95367. (209) 576-4702. Fair Oaks west to Watt Ave. Left on Watt to Hwy 50 west. Hwy 50 west to Hwy 99 south. Hwy 99 south to Modesto. Exit at Briggsmore Ave. East on Briggsmore to Claus Dr. Right on Claus to Creekwood. Left on Creekwood to Norseman. Right on Norseman.

**KENNEDY:** 6715 Gloria Drive, Sacramento, 95831. (916) 433-5200. Fair Oaks west to Watt Ave. Left on Watt to Hwy 50 west. Hwy 50 to I-5 south. I-5 to Florin Rd west. Florin Rd. West to Gloria Dr. Right on Gloria Dr.

**LAGUNA CREEK:** 9050 Vicino Dr., Elk Grove, 95758. (916) 683-1339. Fair Oaks west to Watt Ave. Left on Watt to Hwy 50 west. Hwy 50 to Hwy 99 south. Hwy 99 to Sheldon Rd. Right on Sheldon to Bruceville Rd. Left on Bruceville to Big Horn Blvd. Right on Big Horn to Vicino. Left on Vicino.

place, severity, frequency) and may involve suspension from practices and/or contests, as well as possible expulsion from the team.

If a student-athlete approaches a coach on a voluntary basis (not influenced by prior knowledge of an offense) and seeks help for a drug and alcohol problem, the coach will immediately bring this to the attention of the student-athlete's counselor. The coach will endeavor to work together with the student-athlete, the counselor and the parents of the student-athlete to provide whatever assistance is necessary. Such situations will not be considered disciplinary matters.

Each coach is required to address the issue of drug and alcohol use with his/her student-athletes and to review with them the policy of the school and the Athletic Department regarding drug and alcohol use.

5. **Medical** - C.I.F. rules require that all students wishing to participate in an interscholastic sport must show evidence of having a physical given by a licensed California physician and complete a pre-physical screening. The physical and screening must be completed on forms provided by the CIF. A free physical exam is provided by the school for returning athletes in August and is good for one year. Returning athletes who miss the school provided physical must procure one on their own. The medical exams that incoming freshmen must have before admission to Jesuit are good for one year. Jesuit has a full-time trainer on staff and a committed group of physicians (parents of alumni and current students) who provide quality medical care and rehabilitation throughout the year. If a student suffers an injury during a practice or contest, the on-site medical personnel (can include, trainer, physician and /or EMT staff) will respond first. If they are not available the coach on site will assess the extent of the injury and either call the athlete's parents (non serious injury) or 911 for emergency medical treatment.

6. **Parent Release Forms** - Students must also submit a signed parental Informed Consent and Emergency Form before they will be allowed to participate in any sport. These forms should be filled out by all student-athletes who intend to participate in the 2008-2009 school year. Additional forms are available from the coach of any given sport or the Director of Athletics. Students will not be allowed to practice or compete until they have shown evidence of a physical and parental consent form. The school does provide parents of football players the option of purchasing additional accident liability insurance coverage. These forms are available from any of the football coaches. Jesuit assumes that all students who participate in athletics have adequate medical/liability insurance in the case of an accident and/or sports related injury.

7. **Participation on Non-School Teams** - The head coach for each sport determines the policy for allowing athletes to compete on non-school sports teams during the high school season. The only sport in which you may participate on a similar, non-

school team during that sport's season of play, as mandated by the C.I.F., is soccer. Failure to abide by the coach's stated non-school participation policy can result in suspension or removal of the offending student from the team.

**8. Schedules and Cancellations** - Schedules are developed by each head coach under the supervision of the Director of Athletics and in cooperation with the Delta River League. Contests are scheduled in such a way as to minimize lost class time and to avoid conflict with semester exams.

Should a condition occur when it is unsafe or undesirable to play an athletic contest (weather conditions), the Director of Athletics, in consultation with the respective head coach, will cancel the contest and will notify the opposing school and the officials. If a contest during the week is to be canceled, the decision will be made by 12:00 PM, at the latest, on the day in question (if a weekend game, parents and athletes should contact the coach). Parents should check the Athletic Website (jhssac.org) between 12:00 - 12:30 PM, to receive updated information on the status of the contest. After 12:00 PM, the cancellation decision will be made by the head coach and the game officials on site.

**9. Transportation** - Transportation to Jesuit athletic contests is provided by bus, van, student driven vehicle or parent driven vehicle. Unfortunately, costs prevent us from transporting athletes by bus to every off-campus contest. In a sport in which coaches, athletes, and/or parents drive students to contests, the head coach will provide transportation permission forms and automobile insurance forms to each athlete. These forms are to be returned to the coach with the appropriate information and parental signatures. Parents may designate whether or not their son(s) may travel with another student or parent, or would prefer that their son(s) only travel with a coach in a school assigned vehicle.

On the day of a contest, the coach will assign athletes to specific vehicles and keep a list of those assignments. If an athlete leaves a contest with someone other than with whom he arrived (parent, friend, relative), he must notify his coach prior to his departure. Jesuit is responsible for all athletes who leave the school and proceed directly to an off-campus contest. If an athlete leaves campus on his own and goes home prior to his travel to an off-campus contest, the school is not to be held liable for the travels of that athlete.

**10. Starting Dates** - There are three athletic seasons: Fall, Winter, and Spring. Each has a starting date designated for the beginning of practice:

<i>Fall</i>	August 18
<i>Winter</i>	November 10
<i>Spring</i>	February 10

**CORDOVA:** 2239 Chase Dr., Rancho Cordova, 95670. (916) 362-1104. Fair Oaks west to Watt Ave. Left on Watt to Hwy 50 east. Hwy 50 to Mather Field Rd. Left at the light over the freeway to Folsom Blvd. Right on Folsom to Coloma Rd. Left on Coloma to Chase. Left on Chase.

**DAVIS:** 315 West 14<sup>th</sup> St., Davis, 95616. (530) 757-5400. Fair Oaks west to Watt Ave. Left on Watt to Hwy 50. Hwy 50 to I-80 west. I-80 to Mace Blvd. Right on Mace to Covell. Continue on Covell to F St. Left on F St. to 14<sup>th</sup> St. Right on 14<sup>th</sup> St.

**DE LA SALLE HIGH SCHOOL:** 1130 Winton Dr., Concord, 94518. (925) 686-3310. Fair Oaks west to Watt Ave. Left on Watt to Hwy 50. 50 west to I-80 west I-80 W. to I-680 South (Benicia/San Jose). I-680 So. to Concord. Exit at Treat Blvd/Geary Rd. Turn left onto N. Main St. Left onto Treat Blvd. Right onto Winton Drive.

**DEL CAMPO:** 4925 Dewey Dr., Fair Oaks, 95628. (916) 971-5662. Fair Oaks east to Manzanita. Continue on Manzanita to Winding Way. Right on Winding Way to Dewey. Left on Dewey.

**DEL ORO:** 3301 Taylor Rd., Loomis, 95650. (916) 652-7243. Fair Oaks west to Watt Ave. Right on Watt to I-80 east. I-80 to Horseshoe Bar/Loomis exit. Loop around and at the stop sign turn right on Horseshoe Bar Rd. Go to Taylor Rd. Right on Taylor.

**DOUGLASS JR. HIGH:** 525 Granada Dr., Woodland, 95695. (530) 666-2191. Fair Oaks west to Watt Ave. Left on Watt to Hwy 50. Hwy 50 to I-80 west to I-5 north. I-5 to Main St. exit. Left on E. Main St. to College St. Left on College to Granada. Left on Granada.

**EL CAMINO:** 4300 El Camino Ave., Sacramento, 95821. (916) 971-7430. Fair Oaks west to Eastern Ave. Right on Eastern to El Camino Ave. Right on El Camino.

**EL DORADO:** 561 Canal St., Placerville, 95667. (530) 622-3634. Fair Oaks west to Watt. Left on Watt to Hwy 50 east. Hwy 50 to Placerville. Turn left on Canal St. (light). Go to the top of the hill. The school is on the right.

**ELK GROVE:** 9800 Elk Grove-Florin Blvd., Elk Grove, 95624. (916) 686-7741. Fair Oaks west to Watt Avenue. Left on Watt and continue south on Watt until it becomes Elk Grove-Florin. Continue south on Elk Grove-Florin to Elk Grove.

**EMERSON JR. HIGH:** 2121 Calaveras Ave., Davis, 95616. (530) 757-5430. Fair Oaks west to Watt Ave. Left on Watt to Hwy 50 west. Hwy 50 to I-80 west. I-80 to Hwy 113. Hwy 113 north to Russel Blvd. Left on Russel to Arlington Blvd. Right on Arlington to Calaveras Ave. Right on Calaveras.

**FAIRFIELD:** 205 E. Atlantic Ave., Fairfield, 94533. (707) 422-8672. Fair Oaks west to Watt Ave. Left on Watt to Hwy 50 west. Hwy 50 to I-80 west. I-80 to Airbase Parkway. Left on Airbase to N. Texas St. Left on N. Texas to Cement Hill Rd. Right on Cement Hill to E. Atlantic. Right on E. Atlantic.

**BELLA VISTA:** 8301 Madison Ave., Fair Oaks, 95628. (916) 971-5052. Fair Oaks east to Fair Oaks-Manzanita split. Stay straight on Manzanita to Madison. Right on Madison. Stay on Madison and cross Sunrise Blvd. School is east of Kenneth Ave.

**BELLARMINE COLLEGE PREP:** 850 Elm St., San Jose, 95126. (408) 294-9224. Fair Oaks Blvd west to Watt Ave. Left on Watt to Hwy 50 west. Hwy 50 west to I-80 west. I-80 west to Hwy 580 east. Hwy 580 to I-880 South. I-880 to the Alameda exit. Turn left on the Alameda. Turn left on Hedding St. Proceed 2 blocks and turn right on Elm St.

**BUCHANAN HIGH SCHOOL:** 1560 N. Minnewawa, Clovis, 93611-7698. (559) 298-3330. Fair Oaks west to Watt Avenue. Left on Watt to Hwy 50 west. Hwy 50 west to Hwy 99 south. Hwy 99 south to Fresno. Take CA-180 ramp towards 41 to McKinley Ave. Left on East McKinley to Minnewawa.

**BURBANK:** 3500 Florin Rd., Sacramento 95823. (916) 433-5100. Fair Oaks west to Watt Ave. Left on Watt to Hwy 50 west. Hwy 50 to Hwy 99 south. Hwy 99 to Florin Rd. west.

**CAMPOLINDO HIGH SCHOOL:** 300 Moraga Rd. Moraga, 94556. (925) 376-5986. Fair Oaks west to Watt Ave. Left on Watt to Hwy 50 west. 50 west to I-80 west. I-80 west to I-680 south (Benicia/San Jose). I-680 south to Hwy 24 west towards Oakland/Lafayette. Take Central Lafayette-Moraga exit. Keep right at the fork in the ramp. Merge onto Deer Hill Rd. Turn right on Sierra Vista Way which becomes 1<sup>st</sup> street. Turn right on Mt. Diablo Blvd. Left turn on Moraga Road.

**CASA ROBLE:** 9151 Oak Ave., Orangevale, 95662. (916) 971-5452. Fair Oaks west to Watt Ave. Right on Watt to I-80 east. I-80 to Greenback Lane. Exit at Greenback and stay to the right. Continue on Greenback to Hazel. Left on Hazel to Oak. Right on Oak.

**CHRISTIAN BROTHERS:** 4315 Martin Luther King Jr. Blvd., Sacramento 95820. (916) 733-3633. Fair Oaks west to Watt Ave. Left on Watt to Hwy 50. Hwy 50 to Hwy 99 south. Hwy 99 to 12<sup>th</sup> Ave. East on 12<sup>th</sup> over the freeway to MLK Jr. Blvd. Right on MLK Jr. Blvd.

**CLOVIS HIGH SCHOOL:** 1055 Fowler Ave., Clovis 93611-2099. (559) 229-7211. Fair Oaks west to Watt Ave., Left on Watt to Hwy 50 west. Hwy 50 west to 99 south. 99 south to Fresno. Exit 99 at Grantland Avenue. Turn left onto West Herndon Avenue. West Herndon becomes East Herndon. Turn right onto Fowler. School is on left side of street past Bullard.

**CLOVIS WEST:** 1070 E. Teague Ave., Fresno, 93720. (559) 327-2000. Fair Oaks West to Watt Ave. Left on Watt Ave. To Hwy. 50 west. 50 west to Hwy. 99 South. Hwy. 99 south to Fresno. Take the Grantland Ave exit toward W. Herndon Ave. Turn left on W. Herndon Ave. Left on N. Palm Ave. Right on Nees Avenue. Left on N. Millbrook Avenue. Right on E. Teague Avenue.

Prior to these starting dates, the only activity that is permissible during the school year is conditioning and weight training. The use of sports equipment for a given sport will NOT be allowed prior to the set starting practice date for that sport.

The C.I.F. Sac-Joaquin Section and the Delta River League will be “dark” from June 1 until the first day of pre-conditioning for football (3rd/4th week in August). Therefore, all athletic activities during this time period are under the authority of Jesuit High School.

All out-of season activities sponsored by an agency not under the authority of the State C.I.F. or of the section in which a school employee-coach and his student athletes are participating, shall be exempted from this rule.

11. **Cuts** - While cutting will always be difficult for students and coaches alike, the student’s well being will be the primary consideration in the manner a coach chooses to cut. Six of our sports: soccer, basketball, baseball, tennis, golf and volleyball, hold tryouts and make cuts. The other seven sports: football, cross country, water polo, wrestling, track and field, rugby and swimming/diving do not make any cuts. The choice to cut or not to cut is based on a variety of factors, chief among them: the nature of the sport, the size and availability of facilities, coaching duties, and minimum requirements/skills. Coaches will clearly spell out the skills and qualities necessary to make their team. Athletes will be given feedback on their performance during tryouts. Coaches will make themselves available (i.e., specific time and place) to talk to any student who has been cut.

12. **Appeal Policy** - Any student-athlete who feels that he has not been treated with fundamental Christian fairness should observe the following guidelines:

- A. The student-athlete should first schedule a meeting with the coach of the sport involved (parents are invited to participate at any time they think it appropriate).
  1. If this process takes place on the Freshman or JV/Sophomore levels and there is no resolution, the next step for the student-athlete is to approach the varsity head coach who is in charge of the particular program.
  2. If there is no resolution at this level, proceed to step B.
- B. The student-athlete should then meet with the Director of Athletics to discuss the situation. If this meeting does not resolve the issue, proceed to step C.
- C. The final stage is for the student-athlete to meet with the Principal to discuss the previous three meetings and why he is still not satisfied with the situation.

13. **Off-Season Requirements** - Each head coach, with the approval of the Principal and Director of Athletics, may offer opportunities for athletes to take part in off-season conditioning and competition that is consistent with league and C.I.F. rules. Coaches must make it clear to athletes and their parents/guardians that off-season programs are sponsored by outside agencies and **are not** Jesuit High School programs. Therefore, athletes are not covered by Jesuit High School insurance while participating in these programs. Parents/Guardians are required to purchase for their son a membership card and the corresponding medical/accident insurance offered by the outside agency sponsoring the off-season program. This must be done for any and all of the off-season programs in which your son participates. Any expectations for participation in off-season programs must be put in writing by the coach and distributed to all potential participants. **No coach may require incoming freshmen student-athletes to participate in any summer programs prior to the start of the academic year.**

14. **Sophomores on Varsity** - The following are the criteria a coach must follow when considering placement of a sophomore on the Varsity:

- a) he fills an obvious need that current players cannot;
- b) he is demonstrably superior in ability and maturity;
- c) he and his parents are supportive of the move and have met with the coach and Director of Athletics; and
- d) he is academically capable of handling the move.

A coach will only be allowed to move a sophomore to the varsity level if it is believed that the student-athlete will either start or play regularly through the entire season. However, the sophomore must earn playing time in the same way as a junior or senior.

15. **Freshmen on Junior Varsity/Varsity** - All freshmen student-athletes will participate on the freshmen team in the following sports: baseball, basketball, football, and water polo. Since golf, lacrosse, rugby, soccer, and volleyball do not offer freshmen teams, a freshman is allowed to play at the frosh/soph (JV) level. At the coaches' discretion, freshmen are allowed to compete at any level in the following non-cut sports due to the individualized nature of the sport: cross country, swimming/diving, track, and wrestling. Freshmen may also participate in varsity tennis as that is the only level of competition (JV tennis has no formal match schedule) offered in that cut sport.

In those sports where freshmen teams are offered, coaches may seek permission from the Director of Athletics to move a freshmen to the Junior Varsity level in cases of extraordinary circumstances.

16. **Practice Times** - Jesuit mandates that practice sessions do not last longer than 2 ½ hours. Exception is made when a rest period of at least one hour is provided

## **DIRECTIONS**

*(Check JHS athletic website for maps to venues)*

### **DELTA RIVER LEAGUE SCHOOLS**

**FLORIN:** 7956 Cottonwood Lane, Sacramento, 95828. (916) 689-8600. Fair Oaks west to Watt Ave. Left on Watt to Hwy 50 west. Hwy 50 to 99 south. Hwy. 99 to Mack Rd. Left under the freeway. Mack becomes Elsie. Continue east on Elsie to Cottonwood. Right on Cottonwood.

**FOLSOM:** 1655 Iron Point Road, Folsom, 95630. (916) 355-1115. Fair Oaks west to Watt Ave. Left on Watt to Hwy 50 east. Take Hwy 50 to Prairie City Road exit and go north. Go to Iron Point Road and turn right.

**MONTEREY TRAIL:** 8661 Power Inn Road, Elk Grove, 95624. (916) 688-0050. Fair Oaks west to Watt Ave. Left on Watt to Hwy 50 west. Hwy 50 to 99 south. Go south on Hwy 99 to Calvine Road exit and go east to Auberry Drive. At Auberry, turn right (south). Go south to Power Inn Road. School is at the corner of Power Inn Road and Auberry Drive.

**PLEASANT GROVE:** 9531 Bond Road, Elk Grove, 95624. (916) 686-0230. Fair Oaks west to Watt Ave. Left on Watt to Hwy 50 east. Hwy 50 to Bradshaw Road exit. Go south until you reach Bond Road. The school is at the northwest corner of Bond and Bradshaw.

**SHELDON:** 8333 Kingsbridge Dr., Sacramento, 95829. (916) 681-7500. Fair Oaks west to Watt Ave. Left on Watt to So. Watt to Elk Grove-Florin. Elk Grove-Florin south to Calvine. Left on Calvine to Kingsbridge. Left on Kingsbridge.

### **NON-LEAGUE SCHOOLS**

**ACALANES:** 1200 Pleasant Hill Rd., Lafayette, 94549. (510) 935-2600. Fair Oaks west to Watt Ave. Watt to Hwy 50 west. Hwy 50 to I-80 west. I-80 to Hwy. 680 Benicia/San Jose. Hwy 680 south to Hwy 24 west. Hwy 24 to Piedmont Hill Rd. Exit toward Mt. Diablo Blvd. Stay right at the fork in the ramp. Merge onto Pleasant Hill Rd.

**AMADOR:** 330 Spanish St., Sutter Creek, 95685. (209) 267-5244. Fair Oaks west to Watt Ave. Left on Watt. Go south on Watt to Jackson Rd. Left on Jackson Rd. to Hwy 49. Right on Hwy. 49 to Sutter Creek. Right on Spanish St.

**BEAR CREEK:** 10555 Thornton Rd., Stockton, 95209. (209) 953-8239. Fair Oaks west to Watt Ave. Left on Watt to Hwy 50 west. Hwy 50 to I-5 south. I-5 to 8 mile Road exit. East on 8 Mile Road to Thornton Rd. Right on Thornton.

**BEAR RIVER:** 11130 Magnolia Rd., Grass Valley, 95949. (530) 268-3700. Fair Oaks west to Watt Ave. Right on Watt to I-80 east. Take I-80 East to Hwy 49 exit (Grass Valley). Turn right on Combie Road. Left at Magnolia Road.

## VOLLEYBALL

### Coaching Staff:

**Varsity:** Jason Johnson

**JV:** Chris Agustin

**Office Hours:** By appointment

**Competition Levels:** Varsity and JV

**Practice Schedule:** February-May, time TBA  
\* 6:00 a.m. practices until end of February

**Summer/Preseason Requirements:** Mandatory pre-season weights & conditioning  
Sept.-Nov., Dates/Times - TBA

**Package Costs:** \$80: 2 Uniform t-shirts, game shorts and 2 practice t-shirts.

**2007-08 Results:** **Varsity:** Delta River League Co-Champions  
**JV:** Delta River League 2<sup>nd</sup> Place

**Cut/No-Cut Requirements:** This is a cut sport. Evaluated on passing, hitting, blocking, serving, attitude and hustle.

**Travel/Schedule and Expenses:** Varsity: Possible travel out of area for weekend tournament: \$200-\$300 for food and lodging.

between practice sessions. Warm-up (stretching) is not considered part of the 2 ½ hour requirement. (Film and weightlifting are not considered practice activities - limited to 2 days a week during season.) No athletic practice may be held on the following days without administrative permission:

- a) Christmas Eve and Christmas Day
- b) New Year's Eve and New Year's Day
- c) Easter weekend (Thurs. - Sun.)
- d) Labor Day
- e) Thanksgiving

17. **Dropping a Sport** - If a student-athlete wishes to drop a sport he must do so before the team has played its first contest (excluding scrimmages). If a sport is dropped after this date, the student-athlete may not switch to another sport during the same season or begin the next season of sport until the team from which he dropped has completed its season (including playoffs). Student-athletes who join a team late due to participation on a team from the previous season will have 5 days from their first practice to drop the sport.

18. **Absences** - An athlete must be in school attendance for at least three classes that day in order to practice or to compete in a contest. The Dean of Students will decide what constitutes attendance for each individual case.

While absences for athletic events are considered "approved" absences, it is still the responsibility of the student to inform his teachers of his upcoming absence and make-up any class-work or homework that is missed as a result of the absence. Students and parents are asked to consult the *Student-Parent Handbook* for more information on the school's attendance policy.

19. **Awards** - Plaques are awarded to individual athletes who demonstrate exceptional talents or who in other ways make extraordinary contributions to the team. Athletes on varsity league, section, or state championship teams will receive a patch designating their achievement from the athletic department. Block J's are awarded to athletes who fulfill the participation and/or playing requirements on the Varsity level of competition.

20. **Awards Events** - Athletic awards events are held to honor those students who have participated in the sports program and have consequently represented Jesuit High School in a unique way. Attendance at awards events is mandatory; students who do not attend an event without notifying their coach may forfeit their Varsity letter and team championship awards. Awards events are scheduled as close to the end of the season as is possible. Proper attire is slacks, dress shirt, clean shoes and a tie.

21. **“Packages”** - With the approval of the Director of Athletics, each sport may offer a “package” to the athletes. These “packages” usually include sport-specific logo wear which is designed for use in practices and contests. Packages may include mandatory and/or optional items. Coaches are encouraged to keep the prices of the “packages” as reasonable as possible. This is not a fund-raising opportunity and “packages” may only be sold to athletes and to their immediate family members.

22. **Estimated Equipment Costs** - Equipment costs and needs will vary from sport to sport. Costs for additional personal equipment, (equipment which is not provided by the school) as listed in this handbook, reflect the purchase of new equipment. Some athletes will already have the required personal equipment and will not need to purchase any additional equipment. Not all athletes need the same type of equipment and thus their costs will be less than other athletes.

## TRACK AND FIELD

**Coaching Staff:** Tom McGuire: EXT. 527

**Office Hours:** 7:40 a.m. - 8:10 a.m. Mon., Th., Fri. - AH-2  
Tues., Wed. - Library

**Competition Levels:** Varsity and Frosh/Soph

**Practice Schedule:** Practice takes place every school day extending from 3:10 - 5:30 p.m. Practice and competitive events will take place throughout the Easter vacation - please plan family vacations accordingly. Event groups will train on Saturday.

### Summer/Preseason

**Requirements:** Athletes should report in shape on the first day of practice; further, they are encouraged to maintain off-season fitness levels by participating in the various Fall and Winter sports offered at Jesuit.

**Package Costs:** Frosh//Soph - Team shirt and sweatshirt/pants, \$90;  
Varsity - Team shirt and sweatshirt/pants, \$90.

**2008-09 Results:** **Varsity:** Delta River League Champions, 1<sup>st</sup> Place  
Sac-Joaquin Section, 7 State Meet Qualifiers  
**Frosh/Soph:** Delta River League Champions

**Cut/No-Cut Requirements:** The team does not cut for ability and welcomes motivated, coachable and diligent newcomers to the sport. The team readily accepts athletes cut from other spring sports.

**Travel/Schedule and Expenses:** Transportation, hotel and incidental expenses for food on trips to Los Angeles (Arcadia Invitational, \$250) and the Bay Area (Stanford Invitational, \$150). Out of town expenses for State Meet participants are approx. \$200.

**Estimated Equipment Cost:** Athletes will need a durable pair of training shoes as well as a pair of spikes for competition. Warm clothes for early spring practices (see package) should also include gloves and pullover.

## TENNIS

<b>Coaching Staff:</b>	Greco de Valencia: 501-7695
<b>Office Hours:</b>	By Appointment
<b>Competition Levels:</b>	Varsity only
<b>Practice Schedule:</b>	3:30 p.m. - 4:45 p.m. Monday-Thursday
<b>Summer/Preseason Requirements:</b>	Mandatory 5 tennis tournaments or 20 tennis matches (2 out of 3 sets), Junior Summer Tennis Team
<b>Package Costs:</b>	\$150 - uniform and team warm-up
<b>2008 Results:</b>	Delta River League Champions, Sac-Joaquin Section Division I Champions

**Cut/No-Cut Requirements:** This is a cut sport. Team size will be approx. 18-22 athletes.

**Travel/Schedule and Expenses:** Team members travel to three tournaments during the tennis season. Cost: TBA

**Estimated Equipment Costs:** Rackets, shoes, and three cans of tennis balls: \$100 - \$300.

## *Statement of Athletic Philosophy*

The interscholastic athletic program is an integral part of the total education and growth experience at Jesuit High School. It provides an environment where the student may develop and refine athletic skills, test those skills through suitable competition and develop leadership and sportsmanship. Our athletic philosophy is designed to support and affirm the Philosophy and Mission Statement of Jesuit High School and attempts to promote and put into action the *Profile of the Graduate at Graduation*, as found on pages 1-3 in the *Student-Parent Handbook*.

Students and parents are expected to conduct themselves in a positive manner, displaying good sportsmanship at all times, both as participants and as spectators at all athletic events. While winning and losing are components of interscholastic sports, competition and participation are emphasized at Jesuit and are the means by which students are guided to integrate the values of respect for one's body, sportsmanship, loyalty, cooperation, respect for others, and fitness into their lives.

### **OBJECTIVES:**

1. To develop Christian attitudes through working with others.
2. To provide as many athletic activities for as many students as possible.
3. To help students develop agility and overall physical coordination.
4. To promote general physical fitness and an appreciation for physical activity.
5. To develop school spirit, morale and loyalty.
6. To expose students to a variety of situations which will aid them in developing sportsmanship, team cooperation, courtesy and self-control.
7. To develop concepts of goal attainment through hard work and rigorous self-discipline.
8. To provide the Jesuit High School community with the opportunity to view competition and to participate as spectators.

## ***CIF Sac-Joaquin Section Sportsmanship Resolution***

### ***CIF Pursuing Victory with Honor Program***

The entire school community is expected to adhere to the following 16 principles:

1. The essential elements of character building and ethics in CIF sports are embodied in the concept of sportsmanship and six core principles: trustworthiness, respect, responsibility, fairness, caring and good citizenship. The highest potential of sports is achieved when competition reflects these “six pillars of character.”
2. It’s the duty of School Boards, superintendents, school administrators, parents and school sports leadership –including coaches, athletic administrators, program directors and game officials – to promote sportsmanship and foster good character by teaching, enforcing, advocating and modeling these “six pillars of character.”
3. To promote sportsmanship and foster the development of good character, school sports programs must be conducted in a manner that enhances the academic, emotional, social, physical and ethical development of student-athletes and teaches them positive life skills that will help them become personally successful and socially responsible.
4. Participation in school sports programs is a privilege, not a right. To earn that privilege, student-athletes must abide by the rules and they must conduct themselves, on and off the field, as positive role models who exemplify good character.
5. School Boards, superintendents, school administrators, parents and school sports leadership shall establish standards for participation by adopting and enforcing codes of conduct for coaches, athletes, parents and spectators.
6. All participants in high school sports must consistently demonstrate and demand scrupulous integrity and observe and enforce the spirit as well as the letter of the rules.
7. The importance of character, ethics and sportsmanship should be emphasized in all communications directed to student-athletes and their parents.
8. School Boards, superintendents, school administrators, parents and school sports leadership must ensure that the first priority of their student-athletes is a serious commitment to getting an education and developing the academic skills and character to succeed.
9. School Boards, superintendents, principals, school administrators and everyone involved at any level of governance in the CIF must maintain ultimate responsibility for the quality and integrity of CIF programs. Such individuals must assure that education and character development responsibilities are not compromised to achieve sports performance goals and that the academic, social, emotional, physical and ethical well-being of student-athletes is always placed above desires and pressures to win.

## **SWIMMING/DIVING**

**Swim Coaching Staff:** Mike Solander: EXT. 515

**Diving Coaching Staff:** DeDe Crayne

**Office Hours:** Daily after school on pool deck

**Competition Levels:** Varsity and JV

**Swim Practice Schedule:** Gold: 3:00 - 4:15 p.m.  
Red: 4:15 - 6:00 p.m.

**Dive Practice Schedule:** After school @ off-campus facility

**Summer/Preseason Requirements:** None

**Package Costs:** \$20 (optional)

**2008 Results:** **Varsity:** Delta River League Champions  
Section Champions  
**JV:** Delta River League Champions  
Section Champions

**Cut/No-Cut Requirements:** Mandatory attendance and discipline policy

**Travel/Schedule and Expenses:** TBD

**Estimated Equipment Costs:** Swim suit : \$40

## RUGBY

- Coaching Staff:** General Manager: Fred Khasigian  
Head Coach: John Shorey
- Office Hours:** Contact Coach Khasigian  
sheldonoaks@hotmail.com
- Competition Level:** Varsity, B-Side, and Frosh/Soph.
- Practice Schedule:** Begins January 13, 2009  
Frosh/Soph: Mon thru Thurs 3:15-5:15 p.m.  
Varsity/B: Tuesday thru Friday 3:15-5:15 p.m.
- Summer/Preseason Requirements:** None  
Optional Touch Rugby Oct.- Dec.
- Package Costs:** Dues: \$35, USA Rugby registration: \$20 Mandatory  
Gear: Jersey, shorts & socks approx. \$90-\$100
- 2008 Results:** **Varsity:** USA National Champions  
**B-Side:** League Champions  
**Frosh/Soph:** League Champions
- Cut/No Cut Requirements:** No Cut. Every player enjoys significant playing time in games. Our goal of providing playing time for all players sometimes requires us to move players up and down and change schedules from that posted. We try to minimize this as much as possible.
- Travel Schedule/Expenses:** Occasional games in Bay Area, possible trip to High School National Championship Tournament.
- Estimated Equipment Cost:** See package costs above; optional items include scrum caps (approx. \$60) and shoulder pads (approx. \$40)

10. All employees of member schools must be directly involved and committed to the academic success of student-athletes and the character-building goals of the school.

11. Everyone involved in competition including parents, spectators, Associated Study Body leaders, and all auxiliary groups have a duty to honor the traditions of the sport and to treat other participants with respect. Coaches have a special responsibility to model respectful behavior and the duty to demand that their student-athletes refrain from disrespectful conduct including verbal abuse of opponents and officials, profane or belligerent trash-talking, taunting, and inappropriate celebrations.

12. School Boards, superintendents, and school administrators of CIF member schools must ensure that coaches, whether paid or voluntary, are competent to coach. Training or experience may determine minimal competence. These competencies include basic knowledge of: 1) The character building aspects of sports, including techniques and methods of teaching and reinforcing the core values comprising sportsmanship and good character; 2) The physical capabilities and limitations of the age group coached as well as the first aid; 3) Coaching principles and the rules and strategies of the sport.

13. Because of the powerful potential of sports as a vehicle for positive personal growth, a broad spectrum of school sports experiences should be made available to all of our diverse communities.

14. To safeguard the health of athletes and the integrity of the sport, school sports programs must actively prohibit the use of alcohol, tobacco, drugs and performance enhancing substances, as well as a demand compliance with all laws and regulations, including those related to gambling and the use of drugs.

15. Schools that offer athletic programs must safeguard the integrity of their programs. Commercial relationships should be continually monitored to ensure against inappropriate exploitation of the school's name or reputation. There should be no undue influence of commercial interests. In addition, sports programs must be prudent, avoiding undue dependency on particular companies or sponsors.

16. The profession of coaching is a profession of teaching. In addition to teaching the mental and physical dimensions of their sport, coaches, through words and example, must also strive to build the character of their athletes by teaching them to be trustworthy, respectful, responsible, fair, caring and good citizens.

### ***Role of the Parent in the Pursuing Victory with Honor Program***

The role of the parent in the education of a student is vital. The support shown in the home is often manifested in the ability of the student to accept the opportunities presented at school and in life.

There is a value system - established in the home, nurtured in the school - that young people are developing. Their involvement in classroom and other activities contributes to that development. Trustworthiness, citizenship, caring, fairness and respect are lifetime values taught through athletics. These are the principles of good sportsmanship and character. With them, the spirit of competition thrives, fueled by honest rivalry, courteous relations and graceful acceptance of the results.

As a parent of a student-athlete at our school, your goals should include:

- Realize that athletics are part of the educational experience, and the benefits of involvement go beyond the final score of a game;
- Encourage our students to perform their best, just as we would urge them on with their class work;
- Participate in positive cheers that encourage our student-athletes; and discourage any cheers that would redirect that focus - including those that taunt and intimidate opponents, their fans and officials;
- Learn, understand, and respect the rules of the game, the officials who administer them and their decisions;
- Respect the task our coaches face as teachers and support them as they strive to educate our youth;
- Respect our opponents as student-athletes, and acknowledge them for striving to do their best; and
- Develop a sense of dignity and civility under all circumstances.

You can have a major influence on your student's attitude about academics and athletics. The leadership role you take will help influence your child, and our community, for years to come.

## **LACROSSE**

### **Coaching Staff:**

**Varsity:** Pete Winn: pete.winn@comcast.net

**JV** Chris Tait: texcatwo@aol.com

**Office Hours:** Contact coaches directly

**Competition Levels:** Varsity and JV

**Practice Schedule:** Lacrosse meets off-Campus @ Larchmont Park  
3:30-5:30 p.m.  
Preseason Conditioning: 1/20-2/09 – M, Tu, Th  
Regular Season: 2/10-May 9<sup>th</sup> – M-F  
(some Saturday games)

**Summer/Preseason Requirements:** Practice stick skills all year  
Club Fall ball (encouraged if not playing a fall sport)  
Fall and winter weight training and conditioning encouraged

**Package Costs:** \$100 (practice uniforms, shirts, etc.)

**2008 Results:** **Varsity:** 2<sup>nd</sup> in the Sacramento Valley Lacrosse Conference  
**JV:** 1<sup>st</sup> in Sacramento Valley Lacrosse Conference

**Cut/No Cut Requirements:** Cut sport at JV and Varsity level  
Approximately 20-25 players per team

**Travel/Schedule and Expenses:** Approximately \$150 for out of town trips  
Varsity – Carmel Invitational and Bay Area  
JV – Menlo Tourney and Bay Area Games

**Estimated Equipment Costs:** Stick (\$70-100), Gloves (\$70-100), Cleats (\$50-75), Helmet (\$200), Arm and Shoulder Pads (\$150)

## GOLF

### Coaching Staff:

**Varsity:** Kevin Fleming

**JV:** George Harper: EXT. 516

**Office Hours:** 2:00-4:30 p.m., Monday - Friday

**Competition Levels:** Varsity and JV

**Practice Schedule:** 3:00 p.m. - 5:30 p.m., Monday - Saturday (in season)

### Summer/Preseason Requirement:

Play as many tournaments as possible. All players are expected to participate in Nov.-Dec. pre-season conditioning and six rules seminars during January. These are mandatory and players are expected to pass all six rules exams prior to qualifying in February.

**Package Costs:** \$250.00

**2008 Results:** **Varsity:** Delta River League Champions  
1<sup>st</sup> Place in Sub-Sections  
1<sup>st</sup> Place in Sections, 2<sup>nd</sup> in Masters  
**JV:** League Champions

**Cut/No-Cut Requirements:** Both Varsity and JV squads will carry a maximum of 11 players, determined by coaches on an ability basis.

**Travel/Schedule and Expenses:** TBA

**Estimated Equipment Costs:** Varies according to athlete's choice of clubs and golf shoes. Range balls/equipment/practice and qualifying rounds are the responsibility of candidates prior to team selection.

## Fall Sports...

## CROSS COUNTRY

**Coaching Staff:** Walt Lange : wclange@gmail.com;  
David Zielke: zielked@jhssac.org  
Tom Witzgall: witzgallt@jhssac.org

**Office Hours:** Monday-Friday, Coach Zielke's office @ lunch break

**Competition Levels:** Varsity, JV, Sophomore and Freshman

**Practice Schedule:** Monday - Thursday: 3:10 p.m.- 4:45 p.m.  
Friday: 20 min. after last class  
Saturday: 8:00 a.m. if no meet

### Summer/Preseason Requirements:

Optional summer conditioning program:  
June 16-July 25, 6:30 a.m.-7:30 a.m. (No charge)

**Package Costs:** Shorts: \$22.00, other items to be announced

**2007 Results:** **Varsity:** 2<sup>nd</sup> in Delta River League, 3<sup>rd</sup> in Section Championships  
**JV:** Section Champions  
**Soph:** Section Champions  
**Frosh:** Section Champions

**Cut/No-Cut Requirements:** No Cut. Must attend practice to compete. Attendance will be reviewed periodically and athletes with excessive absences will be dismissed from the team.

**Travel/Schedule and Expenses:** Clovis Invitational will cost approx. \$100 (food, hotel).

**Estimated Equipment Costs:** Shoes: trainers: \$50 - \$125, racers: \$40-\$60.

## FOOTBALL

### Coaching Staff:

**Varsity:** Dan Carmazzi: EXT. 241

**JV:** TBA

**Frosh:** Skip Gonsalves

**Office Hours:** 12:00 p.m. - 12:45 p.m. Monday - Friday

**Competition Levels:** Varsity, JV and Freshman

**Practice Schedule:** August 18-August 20 TBA (2 practices/day)  
August 21-November 15 M-TH 3:25-5:45 Fri 2:45-4:45  
\* First week practice schedule will be included in summer mailing.

### Summer/Preseason Requirements:

**Varsity & JV:** Weight and Agility Workouts (mandatory) Varsity - June 30-July 31  
JV - June 30 - July 31, M-Th 3-5:00 p.m.  
**Frosh:** 2 week camp July (optional) Days/Times - TBA

**Package Costs:** Varsity - \$85, JV- \$40, Frosh - \$65

**2007 Results:** **Varsity:** 2<sup>nd</sup> Place, 8-3

**Cut/No-Cut Requirements:** Varsity: Off-season requirements; JV: Off-season requirements; Freshman: No cut unless poor attitude/attendance.

**Travel/Schedule and Expenses:** None

**Estimated Equipment Costs:** Shoes: \$75-\$90, package costs: Varsity \$85, JV \$40, Frosh \$65

## Spring Sports...

## BASEBALL

### Coaching Staff:

**Varsity:** Joe Potulny: EXT. 534

**JV:** Joe Tucey

**Frosh:** Quinn Gregory

**Office Hours:** Lunch Hour: 12:00 p.m. - 12:30 p.m .  
Monday - Thursday

**Competition Levels:** Varsity, JV and Freshman

**Practice Schedule:** Monday-Friday  
3:15 p.m. Warm-ups  
3:45 - 5:45 p.m. Practice  
5:45 - 6:00 p.m. Field Prep  
Saturdays as necessary. Time TBA

### Summer/Preseason Requirements:

Summer Baseball TBD  
Fall Baseball (optional)  
Mandatory Fall/Winter weight program TBA  
Field Prep - Saturdays in December/January  
\* See team syllabus for detailed off-season requirements

**Package Costs:** Varsity: Maximum \$200, Sophomores: Maximum \$180,  
Freshman: Maximum \$200

**2008 Results:** **Varsity:** Delta River League 1st Place  
**JV:** Delta River League 1<sup>st</sup> Place  
**Frosh:** Delta River League 1<sup>st</sup> Place

**Cut/No-Cut Requirements:** Varsity: 15-21 players. JV: 15-21 players, Frosh: 18-22 players.

**Travel/Schedule and Expenses:** Varsity Easter Trip - TBA

**Estimated Equipment Costs:** Red shoes - cost TBA

## WRESTLING

### Coaching Staff:

**Head Coach:** Aaron Reeves

**Office Hours:** By Appointment

**Competition Levels:** Varsity and JV

**Practice Schedule:** 4:00 p.m. - 6:15 p.m. Monday - Friday

**Summer/Preseason Requirements:** Conditioning - weight lifting - June, July, August and September

**Package Costs:** \$100-\$150

**Cut/No-Cut Requirements:** Mandatory attendance and discipline policy.

**Travel/Schedule and Expenses:** Varsity - \$200 - JV - \$100 for out of town tournaments

**Estimated Equipment Costs:** Wrestling shoes \$40-\$100

## SOCCER

### Coaching Staff:

**Varsity:** Paul Rose: EXT. 326 (rosep@jhssac.org)

**JV:** Mark Doherty, S.J.: EXT. 279 (dohertym@jhssac.org)

**Office Hours:** By Appointment

**Competition Levels:** Varsity, JV

**Practice Schedule:** 3:15 p.m.- 5:15 p.m. Monday - Friday

**Summer/Preseason Requirements:** None

**Package Costs:** Varsity: \$200-\$250, JV: \$150. Package can include uniform, socks, t-shirt, shorts and sweats.

**2007 Results:** **Varsity:** Delta River League Champions  
Sac-Joaquin Section Playoffs, Ranked as high as #9 in Country  
**JV:** Delta River League 1<sup>st</sup> Place

**Cut/No-Cut Requirements:** Both levels (Varsity, JV) have cuts. Average team size is 18-24.

**Travel/Schedule and Expenses:** Varsity trip - \$400, JV - none

**Required Equipment:** Proper soccer apparel

## WATER POLO

### Coaching Staff:

<b>Varsity:</b>	TBA
<b>JV:</b>	Keegan Smith: EXT. 274
<b>Frosh:</b>	Mike Solander: EXT. 515
<b>Office Hours:</b>	TBA
<b>Competition Levels:</b>	Varsity, JV and Freshman
<b>Practice Schedule:</b>	3:10 - 4:45 p.m. Gold Group 4:45 - 7:00 p.m. Red Group * First week practice schedule will be included in summer mailing
<b>Summer/Preseason Requirements:</b>	No requirements. Summer program offered - optional
<b>Package Costs:</b>	Red Speedo, team shirts: \$100.00
<b>2007 Results:</b>	<b>Varsity:</b> Sacramento Valley League Champions / Section Champions

**Cut/No-Cut Requirements:** In order to be a member of the Varsity or JV team the student-athlete must meet the following requirements: competed in the Delta River League Championship meet as a member of the Jesuit Swim Team during the 2007-08 swim & dive season or completed the spring sport season as a member of a "cut" sport at JHS during 2007-08 (baseball, golf, tennis, volleyball) or complete a 100 yard swim in a time of 52.0 or faster for Varsity and 53.7 or faster for Junior Varsity. This time trial will be conducted during practice and within the first week of the 2008 high school water polo season.

**Travel/Schedule and Expenses:** Varsity - Hotels/Flight \$400.00

**Estimated Equipment Costs:** See package cost above.

## Winter Sports...

## BASKETBALL

### Coaching Staff:

<b>Varsity:</b>	Greg Harcos: EXT. 562
<b>JV:</b>	TBA
<b>Frosh Red:</b>	Tom Shakely: EXT. 541
<b>Frosh Gold:</b>	Tom Lane, EXT. 568
<b>Office Hours:</b>	By Appointment
<b>Competition Levels:</b>	Varsity, JV and two Freshman teams
<b>Practice Schedule:</b>	In season up to 2.5 hours, Mon-Sat. Times will vary.
<b>Summer/Preseason Requirements:</b>	Mandatory, but coaches encourage athletes to bring up any conflicts. Varsity: Practices & games May 15 - July 15 Cost: \$150 + cost of team camps and travel. Fall (Sept./Oct.): 2 hour workouts 3 days/week. JV: Practices & games June 1-July 15, cost: \$100-125. * See team syllabus for detailed off-season requirements
<b>Package Costs:</b>	Varsity: shoes, warm-up, approx. \$250; JV: shoes, warm-up, approx. \$130; Frosh: shoes, practice gear, warm-up, approx. \$185.
<b>2007-2008 Results:</b>	<b>Varsity:</b> Delta River League 2nd Place Sac-Joaquin Section Champions <b>JV:</b> Delta River League 1 <sup>st</sup> Place

**Cut/No-Cut Requirements:** Cut sport. Approx. 12-16 players per team on all levels. Summer team tryouts are held 2<sup>nd</sup> week of May.

**Travel/Schedule and Expenses:** Varsity - December Tournaments. Costs: TBA

**Estimated Equipment Costs:** See package costs above.